



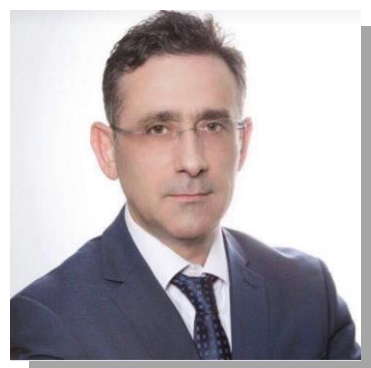
EUROPEAN
TAEKWONDO
C H A M P I O N S H I P S
Warsaw 2018

08 – 11 November 2018





Ministerstwo
Sportu i Turystyki



Dear Taekwondo Family,

I cordially welcome you to the World Taekwondo Europe Under 21 Taekwondo Championships 2018 in Warsaw, Poland.

World Taekwondo Europe is committed in high quality Taekwondo events for the athletes, to supply them with sufficient experience in major championships. The Under 21 Taekwondo Championships landmarks the commencement of Taekwondo athletes' course and career, as it represents the link between juniors and seniors. The young athletes test their potentials and obtain the necessary experience to move further to their goals and Olympic dream.

This championship also stands as a landmark for the Polish Taekwondo Federation, as it is the inaugural European taekwondo championship organized and hosted in the Poland. I am certain that the Organizing Committee of the World Taekwondo Europe Under 21 Championships 2018 will meet up the expectations of such a paramount event by delivering a piercing event of excellence and bringing together the European Taekwondo Family for one more time.

Concluding, I would like to wish good luck to all athletes and express my appreciation to the Polish Taekwondo Federation, the referees, the teams and athletes participating that ensure the success of the championship. I am sure that the event will be a great experience for both participants and spectators.

Sakis Pragalos

President World Taekwondo Europe





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Dear Mr. President,

On behalf of the Polish Taekwondo Federation, I am honored to invite You and your National Team competitors to participate in the 2018 European Under 21 Taekwondo Championships to be held in Warsaw, Poland, between the 08th and 11th of November 2018.

It is the first time a European Taekwondo Championships will be held in Poland and I am confident that the Organizing committee will do its best to ensure the success of the Championships and to offer all participants a high-quality competition – with the best international referees to guarantee high level transparency and fair play.

I look forward to seeing you all in Warsaw, Poland.

Best regards.

Artur Chmielarz
President of the Polish Taekwondo Federation





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1. Promoter

World Taekwondo Europe (WTE)

Address:

Westewagenstraat 60
3011 AT Rotterdam, Netherlands

Website:

www.worldtaekwondo-europe.org

Email:

info@worldtaekwondo-europe.org

2. Organizer

Polish Olympic Taekwondo Federation

President:

Artur Chmielarz

Address:

ul. Nowowiejska 5/44,
00-643 Warszawa

Telephone:

+48 22 840 45 57

Email:

u21office@pztaekwondo.pl

Website:

<http://www.u21warsaw2018.pl>

<http://www.pztaekwondo.pl>

3. Date / Venue

Date:

08 – 11 November 2018

Venue:

Sports and Rehabilitation Center
Warsaw Medical University (WUM)

Address:

Prince Trojdena Street No. 2C
02-109 Warsaw

4. Competition Information

Qualification Criteria

1. A participant must be the holder of the participating team nationality.





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2. A participant must be nominated by the pertinent National Taekwondo Association that is recognized by the European Taekwondo Union and by their National Olympic Committee.
3. A participant must be the holder of minimum 1st Geup or a Kukkiwon Poom or DAN Certificate (A copy of the DAN Certificate should be enclosed when registering for accreditation. In the case where a contestant has applied for a Kukkiwon DAN Certificate but has not received it yet, a copy of the DAN Application Form and the remittance certificate sent to the Kukkiwon must be enclosed when registering for accreditation. Please refer to the Kukkiwon website: www.kukkiwon.org.kr for more information).
4. A WT Global License and WT Event Pass is mandatory for all athletes and officials.
1. 5. An athlete must be born in **1998, 1999, 2000, 2001 or 2002** to be eligible for participation. All competitors must prove their age by presenting their passport or identification card at the official weigh-in. For those athletes that are not adults, a written consent must be submitted (please find enclosed on the last pages) at the registration, signed by parents or legal guardians, accepting their participation and all parts of the official invitation. Membership to an MNA will be checked by the organizer.

Qualification coaches

The minimum qualification requirements for coaches are as follows:

- All coaches must be at least 18 years of age.
- All Coaches / Trainers must be holders of the World Taekwondo Europe Poomsae Coach License or the respective CU Poomsae Coach License (granted by participation in a CU Coach Seminar). Coaches / Trainers that do not have the CU Poomsae Coach License shall pay a € 200, - (euro paid on spot) penalty at the registration desk, that can be used as participating fee at the next available coach seminar.
- Coaching is not allowed wearing dobok

5. System of competition & Rules

Single elimination tournament system.

WT Competition Rules in force as of 4th May, 2018 shall apply.





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6. Contest Time

1,5 minutes x 3 rounds with 30 seconds break between each round

The contest time per round is a subject to change, depending on participation

7. Protests

Protests must be made as per competition rules by the official coach within 10 minutes after the end of the pertinent contest to the Technical Delegate. Protest fee is € 200 and non-refundable. The decision on the protest shall be announced after 30 minutes.

The following accreditations will be provided to team members, on request to the OC.

Role	Male Team	Female Team
Head of Team	1	
Manager	1	
Coach	1	1
Trainer	1	1
Team Doctor	1	
Contestants	8x2*	8x2*
* Every National Team may participate with two (2) athletes per weight category plus quota from President's Cup 2018 & Multi Games 2018		

* Every National Team may participate with two (2) athletes per weight category plus the European medalists at Juniors' division from President's Cup 2018 | Athens, Greece that meet the age participation criteria and the European medalists at Juniors' & U21 divisions from the European Multi Taekwondo Games 2018 | Plovdiv, Bulgaria that meet the age participation criteria.

8. Weight categories

Men's divisions		Women's divisions	
Under 54kg	not exceeding 54kg	Under 46kg	not exceeding 46kg
Under 58kg	Over 54kg and not exceeding 58kg	Under 49kg	Over 46kg and not exceeding 49kg
Under 63kg	Over 58kg and not exceeding 63kg	Under 53kg	Over 49kg and not exceeding 53kg





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Under 68kg	Over 63kg and not exceeding 68kg	Under 57kg	Over 53kg and not exceeding 57kg
Under 74kg	Over 68kg and not exceeding 74kg	Under 62kg	Over 57kg and not exceeding 62kg
Under 80kg	Over 74kg and not exceeding 80kg	Under 67kg	Over 62kg and not exceeding 67kg
Under 87kg	Over 80kg and not exceeding 87kg	Under 73kg	Over 67kg and not exceeding 73kg
Over 87kg	Over 87kg	Over 73kg	Over 73kg

9. Awards

Individual Awards

- 1st Place – Gold Medal & Certificate
- 2nd Place – Silver Medal & Certificate
- 3rd Place – Bronze Medal & Certificate
- 3rd Place – Bronze Medal & Certificate

National Team Awards

The three first ranked teams in each of the male and female categories (point total) will each receive trophies. The ranking for this event will be decided by using the Olympic Ranking System.

10. Venue Rules

Only contestants and their coaches have the permission to enter the competition area. Coaches must wear sportswear. For finals and semi-finals, the Coaches will wear formal outfit, that is to say, a suit, shirt and tie or dress.

11. Equipment & Recognized Brands

The Organizing Committee will provide Daedo-recognized PSS body protector and headgear (Generation 2). It is compulsory for the contestants to provide their own groin guard, forearm guards, shin guards, mouth protector, gloves and electronic sensor socks.

Please note that sensor socks will be available for purchase from the Organizing Committee at a booth located in the sports hall.





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All uniforms (dobok) and protective equipment must be WT recognized. If the dobok and/or protective equipment is not WT recognized, access to the field of play may be rejected. The latest version of WT-recognized manufacturers' list is available at the website of WT: <http://www.worldtaekwondo.org/wtf-partners/recognized/>

12. Registration and Entry fees

Registration is only possible via the WT GMS System <https://worldtkd.simplycompete.com/>. In addition to the mandatory Online Registration, please also fill in the List of Team Members Form and return it to the Organizing Committee u21office@pztaekwondo.pl until the 21st of October 2018.

All qualified athletes from the 3rd WT President's Cup 2018 (Athens) & the 1st European WTE Open Multi Taekwondo Games (Plovdiv, June 2018) should be registered at the European Cadets Taekwondo Championships by their MNAs at the same division and category that they were qualified from or at the one they wish to compete after informing WTE accordingly and sending the respective form back to WTE properly filled in (pls find included in outline package).

Registration Deadline

The deadline for entries is 21st of October 2018. Entries received after deadline will not be accepted. Please note that the deadline for hotel reservations, via the Organizing Committee, is 07.10.2018.

Entry Fee

The entry fee is amounted to €100 euro per registered athlete. **CASH PAYMENTS ARE NOT AVAILABLE**

GENERAL: Additional registration of officials requested at the registration desk is subject of an administrative fee of €50 which shall be paid on spot (new accreditation requests).





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Entry fees must be paid until the deadline to the following bank account:

Name: World Taekwondo Europe
Bank name: Volksbank Bigge Lenne eG
Country : GERMANY
IBAN: DE72 4606 2817 2751 1257 00
BIC: GENODEM1SMA
Bank address: Nieder Str. 22; 2457439 Attendorn GERMANY
Payment reference: U21 & National Team Name

YOU MUST SEND A COPY OF THE BANK STATEMENT TO THE FOLLOWING E-MAIL:
info@worldtaekwondo-europe.org

Registration NOTICE

Registration of a contestant is only valid once the World Taekwondo Europe Bank Account has received the entry-fee payment in full. Any athlete registering on-line who does not take part in the competition and who has not been removed from the entry list before the deadline (21 October 2018), is liable for paying his/her entry-fee in full. (For any athlete not presenting at registration, his/her team or official will be liable for ensuring full payment has been received, prior to the team's participation). The entry fee is non-refundable. Each National Team is required to present a copy of the bank transaction, as proof of entry-fee payment at the Registration Centre. Any team unable to present a copy of the Bank transaction will be required to pay in cash to the WT Europe official responsible on-site. If a team does not show up at the event and has not requested a participation cancellation before the deadline, it will be requested to settle the payment of the entry fees in full(100%).

13. Liability

All competitors participate at their own risk. The World Taekwondo Europe and the Organizing Committee assume no responsibility for any damages, injuries or losses. The Organizing Committee reserves the right to make changes to the competition.

All contestants must bring their own documents, insurance and other form for any medical treatment required during their stay in Poland. The consequences for any contestant unable to provide such medical documents will be decided onsite.





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14. Medical and anti-doping

Team Doctors' Meeting

All team doctors shall be available at the Medical Doctors' Meeting, after the Head of Team meeting. After attending the meeting, the team doctors and physios will receive their accreditation cards.

Anti-doping

The WT Anti-Doping Rules, and where necessary the Code of the World Anti-Doping Agency, shall apply throughout the competitions.

Compulsory anti-doping tests will be carried out for all finalists, while random tests will be conducted among the quarter- and semi-finalists who failed to advance to the (semi-)final. The WT and/or WADA may carry out random out-of-competition testing prior to the championship. Therefore, all participating contestants are required to submit their latest and most accurate Athlete Location (Whereabouts Info) Forms to the WT. The 2018 List of Prohibited Substances and Methods available at:

<https://www.wada-ama.org/en/resources/sciencemedicine/prohibited-list>

TUE (Therapeutic Use Exemption)

Athletes who take any substance or medicine listed in the "Prohibited List" of the WT Anti-Doping Rules and Anti-Doping Code of World Anti-Doping Agency (WADA) for therapeutic purposes are requested to visit the website of WADA and make online filing of their TUE applications on ADAMS <http://www.wada-ama.org/en/ADAMS/> and report to the WT Sport Department at marcoienna@wtf.org by no later than 20th October 2018. For more details, please see the following page of the WTF website:

<http://www.worldtaekwondo.org/medical-anti-doping/anti-doping/therapeutic-use-exemptions-tues/>

For ADAMS login, please contact National Anti-Doping Organization (NADO) in your country or WT Sport Department at marcoienna@worldtaekwondo.org





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15. Head of team meeting and drawing of lots session

Head of Team meeting

The Head of Team meeting shall be conducted by World Taekwondo Europe officials. Exact date, time and place for all divisions & categories will be communicated forthwith.

Draw of lots

The draw sheets and brackets will be available one (1) day before the start of the competition of the respective category. The drawing of lots will be conducted by World Taekwondo Europe officials prior to the competition in the presence of officials and representatives of the participating nations. The draw will be carried out for all categories electronically.

16. Weigh-in

The weigh-in of the athletes takes place one (1) day prior to the start of the respective weight category they compete in. During the weigh-in, the male athlete shall wear underpants and the female athlete shall wear underpants and brassiere. However, the athlete may weigh in nude if he/she wishes to do so.

Random Weigh-in

Random weigh-in will be conducted according to WT rules. On the day of the competition, at 06:00 am the randomly selected athletes will be published on the WTE website. Only those athletes selected for the random weigh-in need to be in the venue at 07:30 hrs.

17. Indemnities / deadlines

It is the responsibility of each National Association to ensure that sufficient insurance coverage has been taken out for all officials and participants. Participants without proper participation entry forms and without sufficient insurance coverage will not be allowed to compete.

Please fill in the Personal and Group Indemnity Forms and return them to the Organizing Committee (u21office@pzttaekwondo.pl) before the 21st of October 2018.





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The closing date for both the Online Registration and the receipt of the appropriate team member forms (Personal and Group Indemnity, List of Team Members, Flight Schedule) is the 21st of October 2018. Entries received after the closing date will not be accepted.

18. Hotel and transportation

All national teams participating in the WTE Championships shall - mandatory - book their hotel rooms in the hotels proposed by the Organizing Committee, as decided by the WTE Council on 4 October 2018. The following hotels are proposed by the Organizing Committee:

Official hotels:

1) Novotel Warszawa Airport 4*

(registration, meetings, weight-in)

Address: 1 Sierpnia Street no.1, 02-134 Warszawa

Twin room - 75euro/person

Single room - 120euro

Additional payment to HB (diner) - 18euro/person

2) Golden Tulip Airport 4*

Address: Aleja Krakowska Street no. 235, 02-180 Warszawa

Twin room - 70euro/person

Single room - 110euro

Additional payment to HB (diner) - 18euro/person

3) Ibis Reduta 3*

Address: Bitwy Warszawskiej Street no.16, 02-366 Warszawa

Twin room - 60euro/person

Single room - 100euro

Additional payment to HB (diner) - 13euro/person





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4) Ibis Budget 1*

Address: Bitwy Warszawskiej Street no.16, 02-366 Warszawa

Twin room - 50euro/person

Triple room - 45euro/person

Additional payment to HB (diner) - 13euro/person

All information about hotels are available on website:

www.u21warsaw2018.pl

Round trip airfare of the teams shall be borne by the participating National Taekwondo Federations.

The Organizing Committee will arrange transportation from the airport to the official hotel and back.

Transportation will be only organized for the teams that have made hotel reservations through the Organizing Committee. Please fill in the Flight Schedule Form and return it to the Organizing Committee (U21@pztaekwondo.pl) until the 21st of October 2018. Please see all information about the official hotel above as well as on the event webpage.

Accommodation charges for room and board of the teams shall be borne by the participating National Taekwondo Federations. The deadline for hotel reservations through the Organizing Committee is the 7th of October 2018.

Hotel reservations that are cancelled after the 7th of October 2018. will be fined with 100% of the total hotel reservation cost.

Please fill in the Hotel Reservation Form and return it to the Organizing Committee (U21@pztaekwondo.pl) until 7st of October 2018. As room allotment is limited, your room reservation request will be treated according to the space availability at the hotel.

All payments for accommodation should be made in € (Euro) by bank transfer on **PL25249000050000460060019114** in accordance with the specifications on the Accommodation Appendix which is available to download on website:

<https://www.u21warsaw2018.pl/en/information>





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19. Visa

If your National Team Members need visa for Poland, please return the completely filled-in Visa Details Form to the Organizing Committee (u21office@pztaekwondo.pl) and be sure to inform the OC of the location of the Polish Embassy to which your team will apply for visa before the 7th of October 2018. Visa Details Form is available to download on website: <https://www.u21warsaw2018.pl/en/information>

20. National flag and anthem

Every participating Member National Association is required to provide the following items for use during the Opening and/or Closing ceremonies:

1. Two (2) IOC-recognized national flags • Size: 90cm x 130cm
2. A CD of the pertinent IOC-recognized national anthem

Items mentioned in 1 & 2 must be submitted to the Organizing Committee during registration at the Registration Centre.

21. International Referees

All International Referees are selected by the WTE Secretary General. Room and board is provided by the Organizing Committee and each International Referee will receive a per diem of 100 euro for each competition day. Costs for the round-trip airline ticket shall be borne by the International Referee participating in the event.





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Event Timetable (subject to change)

GENERAL SCHEDULE			
DATE	TIME	EVENT	LOCATION
6 November	10:00 - 13:00 hrs	Registration & Accreditation	HQ Hotel Novotel Airport
	13:00 - 14:00 hrs	Lunch break	
	14:00 - 19:00 hrs	Registration & Accreditation	
7 November	10:00 - 18:00 hrs	Referee Meeting and Training	Referee Hotel
	10:00 - 13:00 hrs	Registration & Accreditation	HQ Hotel Novotel Airport
	11:00 - 13:00 hrs	Weigh-in: W -53 kg, W -73 kg, M -63 kg and M -87 kg	
	13:00 - 14:00 hrs	Lunch break	
	14:00 - 18:00 hrs	Registration & Accreditation	
	18:00 - 19:00 hrs	Dinner break	
	19:30 - 20:30 hrs	Head of team Meeting & Draw of Lots	
20:30 - 21:30 hrs	Team doctor's meeting		
8 November	07:30 - 08:30 hrs	Random weigh-in	Warsaw Medical University Centre of Sport and Rehabilitation
	09:00 - 20:00 hrs	Competition day 1: W -53 kg, W -73 kg, M -63 kg and M -87 kg	
	11:00 - 13:00 hrs	Weigh-in: W -49 kg, W -62 kg, M -58 kg and M -80 kg	
	13:00 - 14:00 hrs	Lunch break	
	17:00 - 18:00 hrs	Opening Ceremony	
18:00 - 20:00 hrs	Finals and Awarding Ceremony		
9 November	07:30 - 08:30 hrs	Random weigh-in	Warsaw Medical University Centre of Sport and Rehabilitation
	09:00 - 20:00 hrs	Competition day 2: W -49 kg, W -62 kg, M -58 kg and M -80 kg	
	11:00 - 13:00 hrs	Weigh-in: W -57 kg, W -67 kg, M -68 kg and M +87 kg	
	13:00 - 14:00 hrs	Lunch break	
	14:00 - 18:00 hrs	Preliminaries, Quarter-finals and Semi-finals	
18:00 - 20:00 hrs	Finals and Awarding Ceremony		
10 November	07:30 - 08:30 hrs	Random weigh-in	Warsaw Medical University Centre of Sport and Rehabilitation
	09:00 - 20:00 hrs	Competition day 3: W -57 kg, W -67 kg, M -68 kg and M +87 kg	
	11:00 - 13:00 hrs	Weigh-in: W-46 kg, M -54 kg, M -74 kg, W +73 kg	
	13:00 - 14:00 hrs	Lunch break	
	17:00 - 18:00 hrs	Opening Ceremony	
18:00 - 20:00 hrs	Finals and Awarding Ceremony		
11 November	07:30 - 08:30 hrs	Random weigh-in	Warsaw Medical University Centre of Sport and Rehabilitation
	09:00 - 20:00 hrs	Competition day 4: W-46 kg, M -54 kg, M -74 kg, W +73 kg	
	13:00 - 14:00 hrs	Lunch break	
	14:00 - 18:00 hrs	Preliminaries, Quarter-finals and Semi-finals	
	18:00 - 20:00 hrs	Finals and Awarding Ceremony	





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LIST OF TEAM MEMBERS

PARTICIPATING TEAM NAME:

OFFICIALS:

Position	First Name	Given name	Date of Birth	Nationality
Head of Team				
Manager				
Coach				
Trainer				
Doctor				

Representative's Name and Signature:

Please, send this form to e-mail: u21office@pztaekwondo.pl





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LIST OF TEAM MEMBERS

PARTICIPATING TEAM NAME

Male Contestants

Weight	First Name	Given Name	Date of Birth	Nationality

Representative's Name and Signature:

Please, send this form to e-mail: u21office@pzaekwondo.pl





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LIST OF TEAM MEMBERS

PARTICIPATING TEAM NAME

Female Contestants

Weight	First Name	Given Name	Date of Birth	Nationality

Representative's Name and Signature:

Please, send this form to e-mail: u21office@pztaekwondo.pl





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PERSONAL INDEMNIFICATION FORM

THIS INDEMNIFICATION, HOLD HARMLESS, RELEASE AND CONSENT NOT TO
SUE executed this on: _____ (insert date of signing).

I, the undersigned, certify that I will indemnify, hold harmless and release the World Taekwondo Europe, the Organizing Committee and the Polish Taekwondo Federation, its executive board members, directors, officers, members, employees, consultants, agents, attorneys, contractors (including without limitation sponsors, suppliers, licensees and other representatives (each, an "Indemnatee" and, collectively, "Indemnitees"), from and against any and all damages, injuries, penalties, fines, claims, suits, liabilities, costs, attorneys' fees court costs and expenses of every kind and nature suffered by or asserted against the Indemnatee as a direct or indirect result of participating in the 2018 European Under 21 Taekwondo Championships, November 8-11, 2018, Warsaw, Poland in the broadest sense of the word.

By signing and submitting the form below, I accept and agree to the terms and covenants contained in this Indemnification, hold harmless, release and consent not to sue.

I verify that by signing and submitting this form, that I have read and agree to all of the terms and conditions provided above.

Name:

Date:

Signature:

In case the person involved is a minor, the legal guardian has to sign:

Name:

Relation towards the minor:

Date:

Signature:

Please send this form to: u21office@pzaekwondo.pl





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LIABILITY DECLARATION
(only for under aged competitors)

My name: _____

I live in: _____

I am the parent/guardian of: _____

Date of birth (competitor): _____

I declare that I accept the participation of at the **2018 European Under 21 Taekwondo Championships, November 8-11, 2018, Warsaw, Poland** and that I accept all parts of the **official invitation** of this tournament.

For physical reasons nothing speaks against a **participation and** I understand that all competitors are considered to participate at their own **risk. Neither Polish Taekwondo Federation** nor World Taekwondo Europe assume **no responsibility** for any damages, injuries or losses. All contestants **must bring their own documents** and the forms or any medical insurance **in Poland.**

Place: _____

Date: _____

Signature of the parents/legal guardian: _____

Please, send this form to e-mail: u21office@pztaekwondo.pl





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GROUP IDEMNITY

LIABILITY DECLARATION:

First name _____ Last Name _____

Position in Association: _____

I hereby declare and confirm by my signature hereunder, that liability insurance has been effected for all the officials and contestants from

(Name of your team)

participating in the 2018 European Under 21 Taekwondo Championships, November 8-11, 2018, Warsaw, Poland. This insurance covers all damages to persons and belongings and indemnifies the Polish Taekwondo Federation & World Taekwondo Europe from and against all damages, claims and demands whatsoever in respect thereof.

MNA Representative's Name and Signature:

Please, send this form to e-mail: u21office@pztaekwondo.pl

